



East Academy



BREAKFAST

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pumpkin Spice Donut Holes Pick 2 Continental Yogurt Parfait Milk Orange Wedges, Mixed Fruit Fruit Juice 1	Apple Orange Smoothie W Giant Fish Pick 2 Continental Yogurt Parfait Milk Fresh Pear, Orange Juice Applesauce 2	Turkey Pancake Stick Pick 2 Continental Yogurt Parfait Milk Banana Fruit Juice Raisins 3	Ham & Cheese Bagel Pick 2 Continental Yogurt Parfait Milk Craisins Diced Peaches Apple Juice 4
No School Today 7	French Toast Sticks Pick 2 Continental Yogurt Parfait Milk Orange Wedges Fruit Juice Mixed Fruit 8	Sausage Breakfast Sandwich Pick 2 Continental Yogurt Parfait Milk Fresh Pear Apple Sauce Orange Juice 9	Chocolate Crescent Roll Pick 2 Continental Yogurt Parfait Milk Banana Fruit Juice Raisins 10	Mini Sausage Pancake Bites Pick 2 Continental Yogurt Parfait Milk Craisins Diced Peaches Apple Juice 11
Chicken & Cheese English Muffin Pick 2 Continental Yogurt Parfait Milk Apple Diced Pears Grape Juice 14	Glazed Cinnamon Roll Pick 2 Continental Yogurt Parfait Milk Orange Wedges Fruit Juice Mixed Fruit 15	Powder Sugar Donut Pick 2 Continental Yogurt Parfait Milk Fresh Pear Apple Sauce Orange Juice 16	Caramel Cinni Mini Pick 2 Continental Yogurt Parfait Milk Banana Fruit Juice Raisins 17	Cinnamon Chip Scone Pick 2 Continental Yogurt Parfait Milk Craisins Diced Peaches Apple Juice 18
Turkey Pancake Stick Pick 2 Continental Yogurt Parfait Milk Apple Diced Pears Grape Juice 21	Egg & Cheese Croissant Pick 2 Continental Yogurt Parfait Milk Orange Wedges Fruit Juice Mixed Fruit 22	Country Chicken Biscuit Pick 2 Continental Yogurt Parfait Milk Fresh Pear Apple Sauce Orange Juice 23	Pumpkin Cinnamon Toast Crunch Donut Pick 2 Continental Yogurt Parfait Milk Banana Fruit Juice Raisins 24	Mini Maple Pancake Puffs Pick 2 Continental Yogurt Parfait Milk Craisins Diced Peaches Apple Juice 25
Cinnamon Bun Pick 2 Continental Yogurt Parfait Milk Apple Diced Pears Grape Juice 28	Sausage Breakfast Pizza Pick 2 Continental Yogurt Parfait Milk Orange Wedges Fruit Juice Mixed Fruit 29	Glazed Cinnamon Roll Pick 2 Continental Yogurt Parfait Milk Fresh Pear Apple Sauce Orange Juice 30		

NOTES

Welcome Back!

No School Sept 7th 😊

